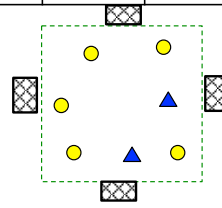


Date:	Session	8	Skill	Striking the ball	Sub Principle/Skill: Killer pass to score
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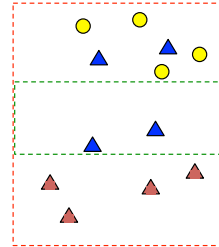
Ball Mastery- 4-5v2      15x15m  
 10 passes =1x goal  
 Killer pass=5 passes  
 When defenders win try and score in goals



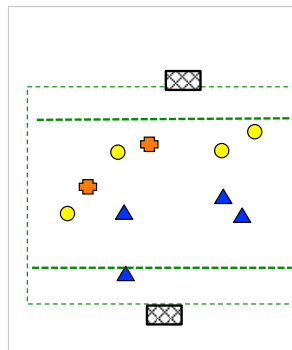
Size of Area:	25wide 15-5-15 Long
Numbers Groups or Teams:	4v4v4
Time in Blocks:	5x2 mins

Rules:  
 Ball must stay below hip height. Can transfer after 2-3 passes.  
 1 transfer =1xgoal

Key points:  
 Scan to see forward  
 Body shape to be able to face forward  
 As ball circulating identify killer pass.



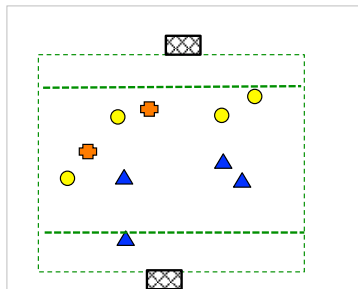
Size of Area:35 Height (7.5-20-7.5 x 25 wide)
Numbers Groups or Teams: U9s=3v3+ 1 or +2      U10-12=2x 4v4 +2. If needed play 4v4 +3
Time in Blocks: 5x3mins



Rules: 6v4 in possession. Can play in own back zone when in possession, but can only receive killer passes in to the top zone and can only score from here. Once in, 5 seconds to score. Defenders can track in to here.

Key points:  
 Scan to see forward  
 Body shape to be able to face forward  
 As ball is being circulated identify killer pass

Size of Area:35 Height (7.5-20-7.5 x 25 wide)
Numbers Groups or Teams: U9s=4v4      U10-12=5v5 if needed add a joker, but keep teams even if possible.
Time in Blocks: 4x4 mins



Rules: As above, except can dribble in to end zone if they want to. Cannot wait in end zone, only dribble or killer pass over to enter end zone.  
 Goal with dribble in to end zone =1 goal  
 Goal with killer pass in to end zone =2 goals.